ARTIST'S MESSAGE SHIRT AND SWEET

FIRST NATIONS PAINTER DESIGNS TEE THAT HE HOPES WILL HELP RAISE MONEY FOR ANTI-PIPELINE GROUPS PAGE 4

GL 湖濱海鮮酒家
Golden Lake SEAFOOD RESTAURANT
King Crab Seasonal Special
$13.80 per lb! (Limited Time Offer)

EAT IN • 10% OFF PICK UP
10% Off Dim Sum 9am-3pm (Mon-Fri)
天天茶市
Dinner 5pm-10pm • FREE Delivery
3555 East Hastings, Van, BC
604.298.2468

VANCOUVER metro®

Monday, March 12, 2012

News worth sharing.

metronews.ca | twitter.com/vancouvermetro | facebook.com/vancouvermetro

Playwright Lucia Frangione scribbles a script onto the sidewalk after the Vancouver Playhouse abruptly closed Saturday due to mounting financial difficulties. KYLA JONAS/FOR METRO

Artists refusing to accept final curtain call

Community arts. Vancouver Playhouse closed Saturday due to mounting debt

After 49 years the Vancouver Playhouse is being forced to shut its doors, but actresses affiliated with the company aren't willing to wave the white flag and surrender.

"We have to fight for it, rise up out of the ashes of what is the old playhouse," said Jennifer Clement, an actress with the playhouse for more than 20 years.

She doesn't believe the arts community was given a chance to speak up when discussions of the closure began.

"People knew there was trouble but they didn't think that it was going to be this bad, this soon," she said.

Playwright Lucia Frangione expressed her sadness by chalking up the sidewalk with her script, Diamond Willow. She began from the front doors of the playhouse and hopes to write a path to city hall.

"It's not so much (about my play) but more the idea of … where these Canadian stories are going to be told if our theatres keep closing."

The playhouse held their last performance Saturday night. Its doors were abruptly closed after its board announced more than $1 million in debt Friday.

Jeff Schulz, chair of the board of governors, says there's nothing he can do.

"I'm devastated, we've worked really long and hard to save the playhouse," Schulz said.

"The amazing part is everyone is still hopeful."

Despite the closure, Clement won't accept defeat.

The next step for her would be to create a new business model and "consult the arts community. We need to have a roundtable with some philanthropists, some corporate entities with a business mind."

"Transplant the heart of this playhouse into a new body, as the old one isn't working." KYLA JONAS/FOR METRO

Demanding robocall inquiry

More than 200 people rally to denounce election scandal; some say they've lost faith in government PAGE 3

Are supermoms happy?

Study finds most moms enjoy being a working parent PAGE 18

Swiss say no to more vacation

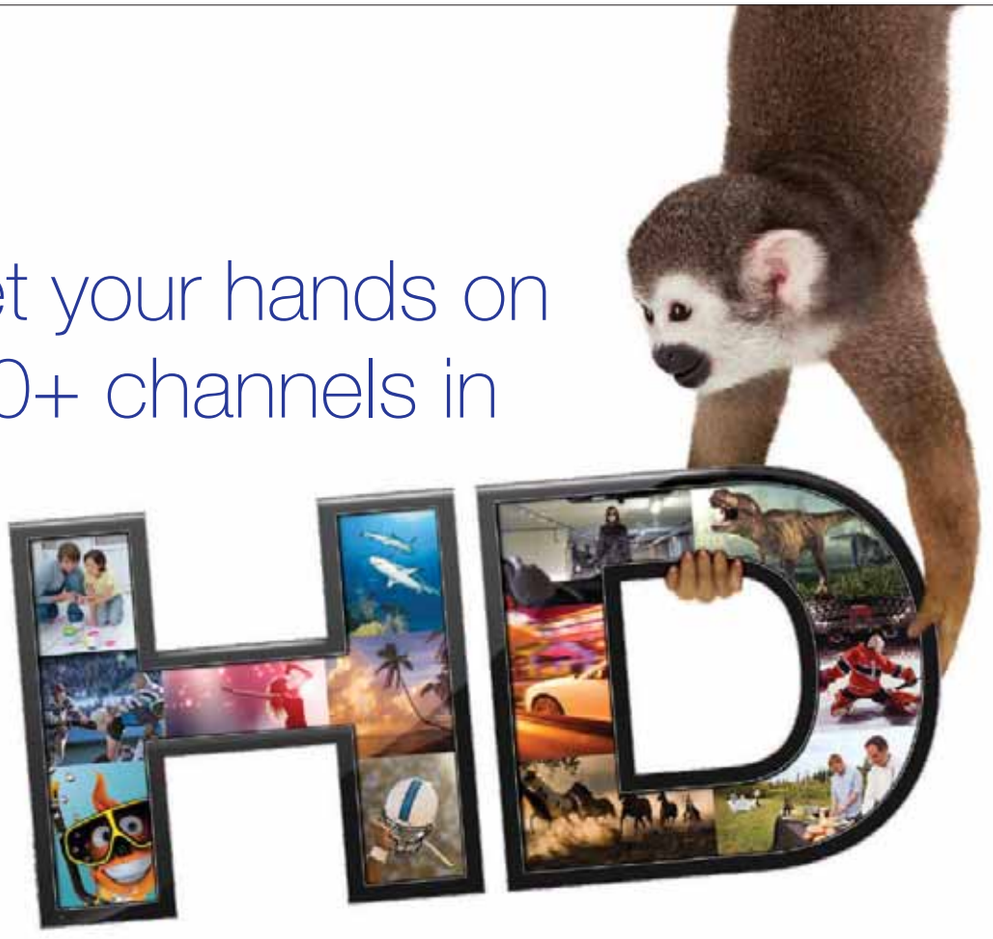
Voters turn down a longer holiday, choosing to help their government reduce labour costs PAGE 13

2012 2013 2014 2015 2016 2017
5 YEARS TO PAY† No $ down
HAVE LASIK NOW. TAKE UNTIL 2017 TO PAY!

Dr. Richard Léger MD, FRCSC
Dr. Thomas Nagy MD, FRCSC
LASIK MD doctors have performed over 500,000 procedures

LASIK MD VISION
LASER VISION CORRECTION
Starting at $490/eye*
PRK and All-Laser LASIK Available
FREE Consultation
1-877-663-9888
www.lasikmd.com
SURREY: 10340 152nd Street
VANCOUVER: 1281 West Georgia Street, Suite 101
Accord D Desjardins

Get your hands on 100+ channels in



Optik TV.™
The best in entertainment.

Sign up for Optik™ TV and Internet for only **$40/mo.**
for the first 6 months.*
Plus get a free HP laptop†

With more HD channels than cable, Optik TV puts the most choice within your reach.

Call 310-MYTV (6988). Go to telus.com/optiktv.
Or visit an authorized dealer.

TELUS
the future is friendly®

TELUS AUTHORIZED DEALERS

Vancouver
Bentall Tower Three
Oakridge Centre
Pacific Centre
2163 West 4th Ave.
2338 Cambie St.
925 West Georgia St.
689 Thurlow St.
1855 Burrard St.
3121 West Broadway
2748 Rupert St.
950 West Broadway
1707 Robson St.
1092 Kingsway
625 Howe St.
551 Robson St.

Abbotsford
Sevenoaks Shopping Centre
32915 South Fraser Way
2142 Clearbrook Rd.
2602 Mt. Lehman Rd.
32465 South Fraser Way
2140 Sumas Way

Aldergrove
26310 Fraser Hwy.

Burnaby
Brentwood Mall
Crystal Square
Lougheed Mall
Metrotown/Metropolis
4501 North Rd.
4711 Kingsway
3855 Henning Dr.
3430 Brighton Ave.

Chilliwack
Cottonwood Mall
Eagle Landing
45300 Luckakuck Way
7544 Vedder Rd.

Cloverdale
17725 64th Ave.

Coquitlam
Coquitlam Centre
3278 Westwood St.
3000 Lougheed Hwy.
2988 Glen Dr.
1071 Austin Ave.
2700B Barnet Hwy.

Delta
Scottsdale Mall
7235 120th St.
1517 56th St.

Langley
Walnut Grove Town Centre
Willowbrook Shopping Centre
19638 Fraser Hwy.
19700 Langley Bypass
20159 88th Ave.
20202 66th Ave.

Maple Ridge
Haney Place Mall
22661 Lougheed Hwy.

Mission
32670 Lougheed Hwy.
32555 London Ave.

New Westminster
Royal City Centre

North Vancouver
Capilano Mall
Lynn Valley Centre
1295 Marine Dr.
1801 Lonsdale Ave.
1392 Main St.

Pitt Meadows
19800 Lougheed Hwy.

Richmond
Admiralty Centre Mall
Ironwood Mall
Parker Place
Richmond Centre
12571 Bridgeport Rd.

Surrey
Central City Shopping Centre
Grandview Corners
Guildford Town Centre
13734 104th Ave.
12477 88th Ave.
7380 King George Hwy.
15325 Hwy. 10
15925 Fraser Hwy.

West Vancouver
Park Royal Shopping Centre
North/South

White Rock
Semiahmoo Shopping Centre
3189 King George Hwy.

Offer available until May 22, 2012, to new clients who have not subscribed to TELUS TV or Internet in the past 90 days. *3 year TELUS TV and Internet service agreement required. Regular bundle rate of $65/month starts on month 7. †Offer available while quantities last. New TELUS TV and Internet clients receive an HP Pavilion g6 laptop. Manufacturer's suggested retail price of the HP Pavilion g6 laptop is $569.99. TELUS and Hewlett-Packard Development Company, L.P. reserve the right to substitute an equivalent or better laptop without notice. A cancellation fee of $15 per month for the remainder of the 3 year term applies to early cancellation of the TELUS Internet service agreement. Minimum system requirements apply. Final eligibility will be determined by a TELUS representative at point of installation. HDTV input equipped television is required to watch HD. TELUS, the TELUS logo, Optik, Optik TV, Optik Internet and the future is friendly are trademarks of TELUS Corporation, used under licence. HP and the HP logo are registered trademarks of Hewlett-Packard Development Company, L.P. © 2012 TELUS.

Memorial

UBC remembers Japan's losses

On Sunday, the University of B.C. honoured the 19,000 people killed during the 9-magnitude earthquake and tsunami that struck Japan on March 11, 2011.

Students rung the Pacific Bell outside the Asian centre on campus at 2:46 p.m. — the exact time the earthquake initially struck the country.

"We need to remember those who died ... and those who continue to struggle in the aftermath of the earthquake," said Bill McMichael, co-ordinator of UBC-Ritsumeikan academic exchange program.

One thousand origami cranes, symbolizing well wishes to Japan, were also placed at the memorial.

"Everyone was connected through the earthquake," said Yuka Kobayashi, a Vancouver resident from Sendai. "I got a lot of support during that time but it's not over yet, there are a lot of people who don't have houses.... People are still suffering."

Kobayashi hopes the memorial will become an annual event at the school.

"We cannot forget about this," she said.

KENDRA WONG/FOR METRO

No deal

Teachers reject pay-per-student proposal

B.C. teachers rejected the provincial government's offer to pay some teachers more than others, depending on class sizes Friday. The report, part of Bill 22, proposes to pay teachers an extra $2,500 and $312 per student over 30 in grades 4 to 7 classrooms and secondary schools. According to BCTF president Susan Lambert, the report is "unethical" and "treats students like widgets." The BCTF was on strike for three days last week and the federation vowed to continue to oppose Bill 22.

KENDRA WONG/FOR METRO

Unsolved

Death of dolphin still a mystery

The death of a dolphin at the Vancouver Aquarium remains a mystery, despite a necropsy. Veterinarian Martin Haulena says there's no obvious reason why Spinnaker died. The question may not be answered until toxicology tests come in. Haulena suspects cancer or a bone-marrow problem.

THE CANADIAN PRESS

Jon Holmes waves a Canadian flag with an upside-down maple leaf during a robocall rally outside the Queen Elizabeth Theatre Sunday. PHYLICIA TORREVILLAS/METRO

Robocall rally calls out for the truth

Politics. Hundreds gather near NDP leadership debate in Vancouver to protest over robocall scandal

Distrust

"We've lost complete and total faith in our government.... We want our democracy back."

Michael Nokes, protester

PHYLICIA TORREVILLAS
phylicia.torrevillas@metronews.ca

Michael Nokes and his friend Jon Holmes were waving Canadian flags with an upside-down maple leaf as a symbol of how they feel about the robocalls controversy.

"It was an appropriate thing to bring today because we've lost complete and total faith in our government and the last electoral process that went down," Nokes said. "We want our democracy back."

Nokes and Holmes joined more than 200 people at a rally outside the Queen Elizabeth Theatre Sunday to denounce the robocalls scandal, in which voters from up to 34 ridings across Canada got suspicious calls that allegedly misdirected them from the proper polling stations in last May's federal election.

Federal NDP leadership candidates Peggy Nash, Nathan Cullen and Brian Topp, as well as NDP Vancouver East MP Libby Davies, were also present to show their support.

"I've heard Stephen Harper say that this is a smear campaign," Davies said, adding she wants a public inquiry. "Well, Mr. Harper, we want to tell you this is a campaign about getting to the truth."

Davies also urged those who attended to put pressure on the federal government by contacting their MPs to support an NDP motion that would give Elections Canada stronger investigative powers.

The motion is expected to come to a vote Monday in the House of Commons.

NDP leadership candidates, from left, Martin Singh, Niki Ashton, Thomas Mulcair, Brian Topp, Nathan Cullen, Paul Dewar and Peggy Nash take part in a debate in Vancouver on Sunday DARRYL DYCK/THE CANADIAN PRESS

NDP debate. Front-runner Mulcair stuck in hot seat

The front-running candidate in the federal NDP leadership campaign came under continual fire from his colleagues during a debate in Vancouver.

Four of the seven questions asked were directed at Thomas Mulcair. Candidate Niki Ashton asked Mulcair what direction he planned to take the party. Mulcair says he will take the party in the same direction as the late leader Jack Layton, adding something different needs to be done on the Prairies to get more members elected. A new leader will be announced in two weeks. THE CANADIAN PRESS

1 NEWS

Mobile news

Celine Dion's history with smoked meat extends far beyond her investment in Montreal's Schwartz's.

On the web

iPad for pigs

Now that the new iPad is out, you may wonder what to do with your outdated iPad 2. Fear not, Metro has you covered. Go to metronews.ca for a look at weird ways people use iPads around the world — from entertaining their pigs (it's the law in Europe) to subbing it for a chopping board (à la Jake Gyllenhaal).

Artist hopes to shirt-circuit Enbridge

Roy Henry Vickers. Raising money for anti-pipeline groups

First Nations artist Roy Henry Vickers, renowned for his depictions of colourful sunsets and peaceful winter scenes, has tended to shy away from politics.

Not anymore: Now the 65-year-old resident of the north-coast community of Kispiox has decided to take a public stand against Enbridge Inc.'s proposal to build an oil pipeline from Alberta to Kitimat.

"What comes back to me is, all right, you've learned many things in your life," he said. "It's time to start sharing those things with people around you."

Naturally, that protest has come in the form of art. On a simple white shirt, Vickers has created an image of a slender red oolichan fish against a green-blue background that turns to black at the bottom, and bears the slogan "Oolichan Oil Not Alberta Oil."

Proceeds from the sale of the shirts will go to the Gitxsan Unity Movement, a First Nations group opposed to the pipeline.

Vickers said the traditional oolichan fishery produced oolichan oil, which for First Nations was "the highest-priced commodity in the northern part of North America for thousands of years."

"Part of that for me was thinking about oil and dirty oil coming from the tarsands and them wanting to pipe it across the northwest," Vickers said. "How ridiculous that was, given the number of oil spills that there have been all over North America since oil pipelines first strung out across this country."

THE CANADIAN PRESS

Roy Henry Vickers, at his house along the Skeena River, wears the T-shirt he designed to raise money for anti-pipeline groups. CONTRIBUTED/THE CANADIAN PRESS

Your Afternoon Pick-Me-Up Just Got Easier To Pick-Up.

Starbucks® Espresso Half Price Afternoons Are On March 8-14th*.

Buy any full-priced brewed, tea or espresso beverage before 11am and bring back your receipt after 2pm the same day to get half off any espresso beverage, including our Vanilla Latte, Cinnamon Dolce Latte, Cappuccino and more.

Starbucks.ca/YourEspresso

*Offer good at participating Starbucks stores in Canada. Cannot be combined with other offers or discounts. © 2012 Starbucks Coffee Company. All rights reserved.

Breaking bald: Students shaving it off for the cure

For a group of local university students, shedding some hair seems like a small price to pay to save a child's life.

On March 19, students at UBC and Dalhousie University will celebrate the Persian New Year by shaving their heads for childhood cancer research.

Norooz Fundraising, an associate of Child Cancer Canada, aims to raise more than $10,000 for research into the prevention and early identification of childhood cancers.

The group has already raised almost half that amount, and so far has 16 registered "shavees" who will shear their locks for the cause.

Event organizer Mitra Rad was inspired to create the group after a friend's daughter died of cancer. She "was near to my age," Rad said, "and I realized that it could have been me."

Though the group will stage the main event on the Iranian New Year, co-organizer Mahdiyar Biazi said that their members and donors come from all cultural backgrounds.

"Cancer is cancer," Biazi said. "Nationality and community and race don't matter. It affects everyone."

To donate or take part in the event, go to facebook.com/noroozfundraising.

GRAHAM TEMPLETON/FOR METRO

Snowslide

Avalanche kills snowmobiler

An Alberta man was killed in an avalanche in the B.C. backcountry.

The death occurred Friday near Sparwood. In a statement on Saturday, RCMP said seven people were snowmobiling in the area when the avalanche hit. The other six escaped.

The Canadian Avalanche Centre issued a warning Friday that the avalanche risk was high due to weak layers in the snowpack.

Friday's fatality is the second avalanche death in B.C. this week. A 44-year-old Squamish man died Tuesday near Whistler.

THE CANADIAN PRESS

Major crime

Langley body identified

A man murdered in Langley on Friday has been identified as Cory Kelly. Kelly, 25, was found shot in his car on March 9 near 16th Avenue and 272 Street.

RCMP say the shooting does not appear to be gang-related, but could be connected to an attempted break and enter.

KENDRA WONG/FOR METRO

Investigation

Missing woman found dead

Vancouver Island RCMP have identified the body of a woman reported missing on Wednesday.

Elizabeth Marie Lagis, 33, of Kingcome Inlet, was found dead near Highway 19, between Courtenay and Campbell River, on Friday. Police say the woman's family reported her missing after she missed a medical appointment and failed to contact them. The cause and time of death have yet to be determined.

THE CANADIAN PRESS

Stakes on a plane

Penticton woos WestJet

South Okanagan residents dressed in blue and green and danced for the cameras as part of a weekend bid to lure WestJet to the region.

Early last month, the company announced it would launch a low-fare, no-frills regional airline in smaller domestic markets. Penticton community leaders organized the video shoot, which took place on an airport apron.

THE CANADIAN PRESS

HOW'S YOUR BRACKETOLOGY?
Go to TSN.CA/NCAA and play the TSN Tournament Challenge.
Make round-by-round picks and compete against the nation for a chance to win!
NCAA
MARCH MADNESS
PREVIEW SHOW › TODAY 4:30PM › TSN2
BEGINS THURSDAY › 8AM
Visit TSN.CA/NCAA for a complete broadcast schedule
TSN | TSN2
TSN and TSN2 are trademarks of The Sports Network Inc., Speed Letter Graphic is a trademark of ESPN, Inc. Used under license.
NCAA and March Madness are trademarks owned or licensed by the National Collegiate Athletic Association

Oilsands rebuild

Alberta. Oilsands producers thinking up new ways to clean the mess they leave behind

Alberta's oilsands producers are used to thinking big, and their plans to clean up the mess their mines leave behind are fully in line with the outsized trucks that prowl their pits and the outsized budgets that keep them growing.

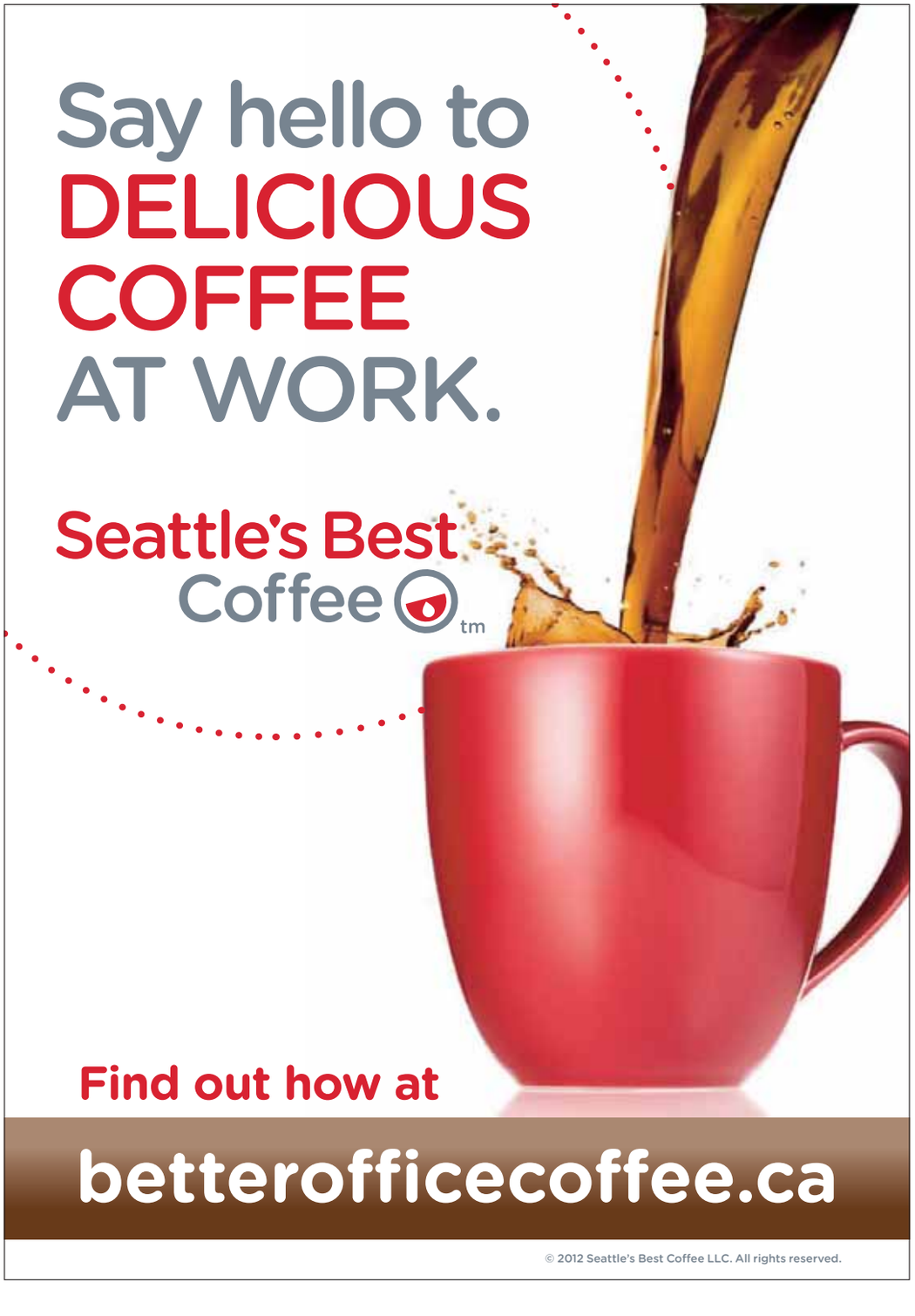
Most wetlands reclamation starts with land that's only been disturbed on the surface — for example, turning a farmer's field back into marsh. In the oilsands region, however, reclaimers are building an entire landscape from underground aquifers to the shape of the surface.

"This is not restoration," said Johnathan Price, who is with the University of Waterloo's department of geography and environmental management and helped design Suncor's plan. "We've got nothing to begin with. It's essentially the whole watershed. This has never been done before."

Both Syncrude and Suncor are in the middle of multi-year, multimillion-dollar projects to rebuild fens — probably the most complex type of wetland. THE CANADIAN PRESS

The prince and the (Brazilian) model

Prince Harry smiles after greeting Brazilian model Fernanda Motta during a Sentebale Royal Salute Polo Cup ceremony Sunday in Campinas, Brazil. The event raises money for local charities and South African orphans. YASUYOSHI CHIBA/GETTY IMAGES



Ornge. Taxpayers foot investors' pricey returns

Investors in Ornge air ambulance will soon be raking in $22 million a year with Ontario taxpayers footing the bill.

It's all part of a payment schedule set in motion in December 2009 when former president Dr. Chris Mazza and lawyer Alf Apps sold bonds on the private marketplace so that a fleet of airplanes and helicopters could be purchased.

Financial documents show that starting next year taxpayers will pay $22.1 million to the institutional investors across Canada that purchased $275 million of the low-risk bonds. This year, documents show taxpayers will pay $15.7 million to investors but that will be interest only — the contract states that interest and principal payments will begin at the end of 2012. Investors are paid interest of 5.7 per cent annually.

Taxpayers already pay $150 million to Ornge annually to perform air-ambulance services.

Ornge does not make detailed financial statements public (it is also not covered by freedom-of-information laws) and so the Toronto Star could not determine how much of the new annual $22.1-million payment will come out of what taxpayers already pay Ornge, and how much will be payments on top of the $150 million.

Investors were quickly attracted in 2009 by a prospectus that boasted Ornge was "the glue that holds the Ontario healthcare system together." Though the Ontario government did not guarantee the bonds, it was made clear to investors that taxpayers would pay investors back. TORSTAR NEWS SERVICE

Afghanistan

GOP candidate wants U.S. to rethink Afghan mission

Republican presidential hopeful Newt Gingrich says he thinks U.S. involvement in the Afghanistan region may be risking the lives of young troops in a mission that "may not be doable."

Gingrich says the U.S. should reassess the region and ask whether there isn't "a harder, deeper problem" that can't be solved with military force on the scale the U.S. and its allies are willing to commit.

The ex-House speaker said he reached his conclusion after learning that Pakistan harboured Osama bin Laden for seven years outside a military city, and their investigation resulted in punishing people who helped American intelligence, rather than those who made it possible for bin Laden to live undetected for so long. THE ASSOCIATED PRESS

Carlton Park Gardens
10951 Mortfield Road, Richmond, BC
CAPREIT

1 Bedroom from $900
2 Bedroom from $1,085
3 Bedroom from $1,300

- Large Suites with Balconies
- Garden and Fountain Courtyards
- Pool
- Exercise Room
- Resident Party Room
- Resident BBQ Area
- Annual Resident Events

www.caprent.com
rentals@capreit.net
778-803-1613

MEMBERS GET

HTC ANDROID™ SMARTPHONES, NOW $0.

IN-STORE CREDIT $100 ON SELECT SMARTPHONES

Plus, get a $100 in-store credit on select smartphones and choose from tons of UNLIMITED plan options.

HTC Wildfire S™

$0

HTC Sensation™ 4G

$0

+ EXCLUSIVE MEMBER ACCESS & DEALS

THE BODY SHOP® H&M Hotels.com™

virginmobile.ca/htc

Virgin mobile

IT'S BETTER TO BE A MEMBER

Virgin mobile · THE SOURCE · FUTURE SHOP · Walmart · BEST BUY · BEST BUY mobile · LONDON DRUGS · Visions · WIRELESSWAVE · booth wireless · WIRELESS etc... · COSTCO WHOLESALE · THE MOBILE SHOP

Offer valid from March 8 to 31, 2012. The $100 value gift card and in-store credit is only valid on new activations on the Virgin Mobile SuperTab™ or with a 3-year agreement. Taxes are not included. Cannot be combined with any other offers, unless otherwise indicated. Unlimited Text & Picture Messaging is only valid when message is sent from Canada. Canada-Wide Calling is only valid when calls are made from Canada. The following monthly fees apply in select provinces for 911 emergency services: NB (53¢), NS (43¢), PEI (50¢), SK (62¢) and QC (40¢). Some phones and colours may not be available at retailers. © HTC Corporation. All rights reserved. The HTC logo, HTC Sensation 4G and HTC Wildfire S are trademarks of HTC Corporation and used under licence. Android is a trademark of Google, Inc. Certain other product names, brand names and company names may be trademarks of their respective owners. Screen images simulated. See virginmobile.ca for complete details and restrictions. Member Benefits are subject to change and cancellation at any time without notice. The VIRGIN trademark and family of associated marks are owned by Virgin Enterprises Limited and used under licence. All other trademarks are trademarks of Virgin Mobile Canada or trademarks and property of the respective owners.

U.S. soldier suspected of killing 16 Afghans

An Afghan youth mourns for relatives who were allegedly killed by a U.S. service member in Panjwai, Kandahar, Sunday. ALLAUDDIN KHAN/THE ASSOCIATED PRESS

Deepening crisis. Rogue army sergeant accused in shooting spree that threatens reconciliation after Qur'an burnings

Moving from house to house, a U.S. Army sergeant opened fire Sunday on Afghan villagers as they slept, killing 16 people — mostly women and children — in an attack that reignited fury at the U.S. presence following a wave of deadly protests over Americans burning Qurans.

The attack threatened the deepest breach yet in U.S.-Afghan relations, raising questions both in Washington and Kabul about why American troops are still fighting in Afghanistan after 10 years of conflict and the killing of Osama bin Laden.

The slayings, one of the worst atrocities committed by U.S. forces during the Afghan war, came amid deepening public outrage spurred by last month's Qur'an burnings and an earlier video purportedly showing U.S. Marines urinating on dead Taliban militants.

The Qur'an burnings sparked weeks of violent protests and attacks that left some 30 Afghans dead, despite an apology from President Barack Obama. Six U.S. service members were also killed by their fellow Afghan soldiers, although the tensions had just started to calm down.

According to U.S. and Afghan officials, Sunday's attack began around 3 a.m. in two villages in Panjwai district, a rural region outside Kandahar that is the cradle of the Taliban and where coalition forces have fought for control for years.

THE ASSOCIATED PRESS

Unforgivable

"This is an assassination, an intentional killing of innocent civilians and cannot be forgiven."

Afghanistan President Hamid Karzai

Sound of gunshots

- Villagers described cowering in fear as gunshots rang out as a soldier roamed from house to house firing on those inside. They said he entered three homes in all and set fire to some of the bodies. Eleven of the dead were from a single family, and nine of the victims were children.
- U.S. officials said the shooter, identified as an Army staff sergeant, acted alone, leaving his base in southern Afghanistan and opening fire on sleeping families in two villages.

Only Cleansing Can Make You Feel This Good

If there was only one thing you could do to improve your health and increase energy it would be a total body cleanse. Everyday your body is under attack from pollution, pesticides, chemicals and toxins. They are in the food we eat, the water we drink, and the air we breathe. No matter your lifestyle, no one is escaping this constant barrage of toxins.

CleanseSMART Advanced Total Body Cleanse

TESTIMONIAL - *Thank you so much!* "My fiancée and I had always thought that we were relatively healthy at 47 years of age and had fairly decent eating habits in that we were conscious of what we put into our bodies - fresh fruit and veggies, as little processed meats, white flour, sugar, salt, etc. but over the last 6 months or so we were beginning to feel sluggish and that our age was finally catching up to us - very rapidly. We searched the internet and narrowed our search to CleanseSMART's 30 day cleanse. We are very happy to report that after only five days both of us felt an amazing change in our bodies - lighter, healthier and more energized! Thank you so very much for your expertise in formulating this cleanse." - 2008-01-16

First Cleanse
First Time Cleanse

TESTIMONIAL - *Enjoyable Experience* "This was my 'first cleanse', and I can truly say it has been an enjoyable experience. I followed the directions, and made changes in my diet. The first few days, I began to notice some changes in my energy levels and 'waste elimination'. I also could tell the products were working, as my skin had mild breakouts. Towards the end of the program, the breakouts had cleared up, I was more regular in waste elimination, and I lost 7 pounds." - 2011-10-04

WHY YOU SHOULD CLEANSE

More Energy
Improved Elimination
Reduced Toxic Load
Increased Stamina
Better Health
Feel Less Bloated

Rapid Cleanse
Quick 7 Day Cleanse

TESTIMONIAL - *Excellent!* "I tried this because I was feeling sluggish with achy muscles, I now have more energy then I have had in a long time. Excellent product! I will likely try the 30 day CleanseSMART cleanse when I have the time but for a quick feel good solution this is the answer." - 2009-09-15

Look For Renew Life Products At Your Local Health Food Store Or Wherever Natural Health Products Are Sold. To Find A Store Near You Visit WWW.RENEWLIFE.CA Or Call 1-800-485-0960 Ext 3

facebook.com/renewlifecanada
twitter.com/renewlifecanada

$3 Off Receive $3 Off Your Next Purchase Of Any Renew Life Product*

Dear Retailer: Renew Life Canada Inc. will reimburse the full value of this coupon on the purchase of the product specified. Other applications may constitute fraud. Applications for reimbursement received after 6 months from the expiry date, as indicated below, will not be accepted. Failure to send in, on request, that sufficient stock was purchased in the previous 90 days to cover the coupons will void coupons. Coupons submitted become the property of Renew Life Canada Inc. Reimbursement will be made only to the retail distributor who redeemed the coupon. For redemption, mail to: Renew Life Canada • 8 - 1273 North Service Road East • Oakville, ON • L6H 1A7.
* Limit one coupon per purchase. Coupon expires April 30th, 2012.

ENTER TO WIN Courtesy of RENEW LIFE The Digestive Care Company

$1000 CASH

VISIT clubmetro.com TO ENTER

CANADA'S LEADER IN DIGESTIVE CARE & CLEANSING!
Our products help your body feel good, but our contest can make your wallet feel good too. Visit www.clubmetro.com to enter the contest and www.renewlife.ca to find out more about how Renew Life can help you feel amazing and achieve your health goals.

To register and for full contest details visit clubmetro.com

Home Phone

All Features FREE

- ✓ Free Voicemail
- ✓ Free Call Forwarding
- ✓ Free Caller ID
- ✓ Free Call Waiting

You're going to love the service... If you're not 100% completely satisfied, you don't pay. It's that simple!

Unlimited Local

- ✓ Unlimited local calling
- ✓ 14 free features

$14.95/month

Unlimited Canada

- ✓ Unlimited local calling
- ✓ 14 free features
- ✓ Unlimited Canada calling

$19.95/month

Unlimited Global

- ✓ Unlimited local calling
- ✓ 14 free features
- ✓ Unlimited North America calling
- ✓ Unlimited calling to almost 60 countries

$29.95/month

Limited Time Offer

6 Months FREE

Your Satisfaction is Guaranteed or You Pay Nothing!

comwave 1-866-543-5122

www.comwave.ca

While Comwave strives for accuracy in our advertising, Comwave reserves the right to correct any error in pricing or information at any time. HOME PHONE LINES: VoIP 911 has certain limitations versus traditional 911. All Unlimited Plans do not include calls to the Yukon, Nunavut N.W.T., Alaska and Hawaii. The 6 Month Free Promotion is based on a 3YR term and includes a 90-Day Satisfaction Guaranteed period. The Global Plan includes a 30-Day Satisfaction Guaranteed period. If you are not 100% completely satisfied, you may terminate the service anytime within the Satisfaction Guaranteed Period with no further obligation. If you transfer your existing phone number from your current provider to Comwave within the first 90 days, you will receive an additional 3 months free for a total of 6 months free. Terms and conditions apply, see www.comwave.ca for details.

Vikileaks raises debate about handling of divorce records

Privacy. Public Safety Minister Vic Toews' case has prompted questions on whether peeking into divorce files should be allowed

When details of Vic Toews' difficult divorce were splashed across Twitter, many Canadians shared a commiserating shudder with the public safety minister.

Those who have been through an ugly split involving litigation know some of the most intimate details of their lives are often contained in publicly accessible records.

That includes not just bitter affidavits but social insurance numbers, tax returns, mortgage statements, investment details — the list goes on. Even if a case is settled before going to a judge, the files remain.

Some family-law and privacy experts suggest the time has come to change the way divorce records are handled.

Toews last week got a court order to see who had obtained his divorce file — parties to the litigation and journalists would not be listed. But that didn't change the public nature of the file itself.

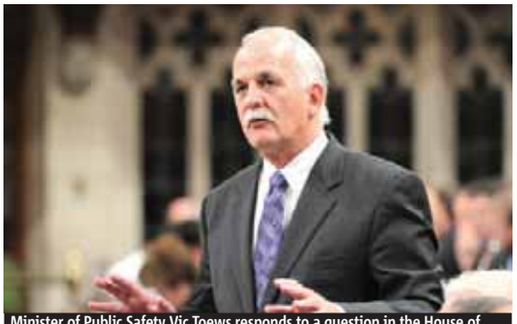
Toronto-area lawyer Andrew Feldstein says one of his clients was ostracized by many friends after a divorce. Feldstein heard through the grapevine many of the couple's acquaintances went to take a look at the court filings.

"It also gives one side a very large advantage in the negotiation of the matrimonial dispute, because when you put something in a court file, it's subject to absolute privilege," Feldstein says.

"When the media goes and reads a court file, the media can say these are allegations contained in the court file.... That means there's no ability to sue for slander or libel at the end of the day."

Fareen Jamal, another Toronto-area lawyer, says the openness of family court has roots in the years when individuals who committed a "marital offence," such as adultery, were essentially shamed through the process.

THE CANADIAN PRESS



Minister of Public Safety Vic Toews responds to a question in the House of Commons in Ottawa on March 5. SEAN KILPATRICK/THE CANADIAN PRESS

Counter-argument

Critics warn that protecting the identities of Canadians in family-law cases would only undermine the concept of the open legal system, where the public — and the media by extension — is entitled to know what is going on.

- Chris Waddell, director of Carleton University's School of Journalism and Communication, says the value of having the records remain public clearly outweighs the few times a couple's divorce files are perused.
- "One thing that's important about politicians is their character. It's in the voter's interest to know the character of politicians, and this might be information that would help you determine the character of a politician," he offers as an example.

Missing money. Head of NGO flees with Canadian aid for Mali: Documents

A Burundian man with permanent-resident status in Canada made off with thousands of dollars in Canadian aid money that was supposed to help people living in one of the world's poorest countries, newly released documents show.

Officials at the Canadian International Development Agency do not expect to recover $30,000 from the head of a non-governmental organization who apparently fled Mali after Canadian diplomats went to court to try to get the money back.

Documents obtained by the Canadian Press under the Access to Information Act show how money meant to improve sanitation in a small village in Mali went missing.

In May 2008, Canada's ambassador to Mali and a group called Cercle de Formation, Recherche, Economique et Sociale, or CFORES, signed a $70,000 deal to rehabilitate latrines and build five hangars and a drainage ditch in the village of Sanankoroba, about 30 kilometres south of the capital, Bamako.

The money came from the Canada Fund for Local Initiatives, which provides small-scale, short-term support for community projects through local NGOs and other grassroots organizations such as village councils, co-operatives and women's groups.

The group received 90 per cent of the money upfront. The rest was to be paid when the work was done.

But five months after signing the deal, CFORES asked Canada's embassy in Mali for the rest of the project money, as well as another $35,000, to help cover "unforeseen difficulties on the ground."

The request for more money raised eyebrows at the embassy.

Before handing over any more cash, Canada's ambassador to Mali dispatched an expert to the village to see what work had been done. The expert found "technical shortcomings" and half-finished projects. While the hangars were almost finished, only 60 per cent of the 100-metre ditch was done and work had not yet started on the latrines.

The expert estimated there was still about $30,000 worth of work left to do.

THE CANADIAN PRESS

A year later, Japan remembers

Children light candles during a memorial service Sunday for the victims of the March 11, 2011, earthquake and tsunami, near the site of Heijo Palace in Nara, central Japan. The massive quake and tsunami killed just over 19,000 people and unleashed the world's worst nuclear crisis in a quarter-century.

KYODO NEWS/THE ASSOCIATED PRESS

Hate crimes

Gays, 'emo' youths in Iraq targeted by rising violence

Young people who identify themselves as so-called "emos" are being brutally killed at an alarming rate in Iraq, where militias have distributed hit lists of victims and security forces say they are unable to stop crimes against the subculture that is widely perceived in Iraq as being gay.

Officials and human-rights groups estimated as many as 58 Iraqis who are either gay or believed to be gay have been killed in the last six weeks alone — forecasting what experts fear is a return to the rampant hate crimes against homosexuals that occurred in 2009. This year, eyewitnesses and human-rights groups say some of the victims have been bludgeoned to death by militiamen smashing in their skulls with heavy cement blocks.

THE ASSOCIATED PRESS

Arrest

Panama police nab alleged Hells Angels fugitive

Police in Panama say they have captured a fugitive with suspected ties to the Hells Angels motorcycle gang who is wanted in Canada for 22 murders.

A police statement says Michel Smith was detained Friday in the Playa Coronado tourist region, 100 kilometres west of Panama City.

The statement released Sunday said Smith was captured after a two-month surveillance operation, adding that he is wanted in Canada on 29 charges, including 22 counts of murder.

Canadian police have been looking for Smith since a massive 2009 gang sweep in Quebec.

Panamanian police say they are co-ordinating his extradition to Canada.

The statement put Smith's age at 50, while media in Canada say it is 49. THE ASSOCIATED PRESS

RBC Royal Bank

What good is a low rate mortgage without the frills?

Switch to RBC Royal Bank® and get a 2.99% fixed rate mortgage with **all the frills!**

Unlike some banks, the RBC® 2.99% fixed rate mortgage comes with great flexibility. We'll even cover your switching costs*.

What's important to you?	RBC 2.99% 4-Year Fixed Rate Mortgage	Other Bank's 5-Year no-frill Mortgage
Up to 30-year amortization	✔	✘
Skip a payment availability	✔	✘
Ability to pay off prior to maturity without having to sell your home	✔	✘
Up to 120 day rate guarantee	✔	✘
Can be combined with a home equity credit line	✔	✘

Speak with an RBC Royal Bank® mortgage specialist today.
1-866-864-0420

Advice you can bank on™

This rate is a special discounted rate below our posted rate and is only available on new mortgage applications that fund within 120 days of the start date of the application. Not available in combination with any other offer or rate discount. Other terms and conditions apply. Offer may be withdrawn, or amended without notice at any time. Residential mortgages are offered by Royal Bank of Canada and are subject to its standard lending criteria for residential mortgages. For 2.99%, 4-year rate offer, APR 3.03%. The Annual Percentage Rate (APR) is based on a $200,000 mortgage and a mortgage processing fee of $250. Fee may vary depending upon type of property and location. *We will pay the basic title insurance fee (not including migration fee), appraisals/property valuation fee and one discharge/switch out fee (up to $300 maximum). Offer excludes mortgages prepayment charges that you may have to pay. Minimum advance $50,000. ®/™ Trademark(s) of Royal Bank of Canada. RBC and Royal Bank are registered trademarks of Royal Bank of Canada.

Swiss voters turn down longer holidays

European austerity. Referendum tested how comfortable the Swiss feel about their traditional safe-haven economy

Swiss voters rejected raising paid vacation to six weeks from four.
JOHN HEILPRIN/THE ASSOCIATED PRESS

Who turns down a long vacation? Known for their work ethic, Swiss citizens appear to be leading the way on European austerity, rejecting a minimum six weeks of paid holiday a year.

Switzerland counted ballots Sunday for several national referendums, including one pushed by a union to raise the minimum holiday from four weeks to the standard six enjoyed by Germany, Italy, Russia and other European nations.

The nation's 26 cantons (states) also held voting on local measures dealing with everything from demonstrators to prostitutes.

The Swiss heeded warnings from government and business that more vacation would raise labour costs and put the economy at risk. Swiss public broadcaster SSR said two-thirds of voters and all of the cantons had rejected the measure, which required majority approval of all federal and cantonal voters.

"In rejecting the initiative, citizens have kept a sense of reality," said Hans-Ulrich Bigler, director of the Swiss Union of Arts and Crafts, which represents around 300,000 businesses. The referendum, he said, could have added $6.52 billion US a year in labour costs to the Swiss economy.

THE ASSOCIATED PRESS

Market Moment

DOLLAR
$100.92 US
(+0.02¢)

TSX 12,503.62 (+41.69)

OIL $107.40 US (+82¢)

GOLD $1,711.50 US (+$12.80)

Natural gas: $2.32 US (+5¢)
Dow Jones: 12,902.02 (+14.08)

Smokers sue. Tobacco lawsuit due in court

In the U.S., tobacco companies have been convicted in a massive racketeering case and forced because of other lawsuits to pay out at least $206 billion US over a quarter-century — a sum bigger than the annual GDP of most countries.

The legal skies have been somewhat less stormy here, but that could change next week.

A class-action lawsuit by smokers who claim they were duped for years by big tobacco companies as they became addicted to cigarettes, then suffered from serious health problems, will have its day in court.

Canada's three largest tobacco companies are set to square off against a group of Quebec smokers in a landmark civil case that is thought to be the biggest in Canadian history, with up to $27 billion in damages and penalties at stake.

The battleground will be a Montreal courtroom and the defendants are Imperial Tobacco Canada Ltd., Rothmans, Benson & Hedges, and JTI-Macdonald.

The case will mark the first time tobacco companies have gone to trial in a civil suit in this country.

THE CANADIAN PRESS

$0 Motorola RAZR
LIMITED TIME OFFER
• Android smartphone
• 7.1mm ultra thin
• Super AMOLED Advanced display
• Scratch & water resistant, and more!
Bring this ad to any Pepper Wireless location to receive this EXCLUSIVE OFFER.
facebook.com/fido.pepperwireless
fido

TAKE THE TEST
CALL NOW!
MAKE YOUR HAIR LOSS A THING OF THE PAST.
TAKE THE TEST TODAY!
LOSING YOUR HAIR? WE HAVE THE ANSWER.
There are several reasons a man or woman will experience hair loss problems...
• Hormonal Imbalance • Stress • Unbalanced Diet • Improper Hygiene • Cosmetic Damage from Coloring, Perming, Etc. • Illness and Many Other Reasons
Make an appointment for Microscopic Hair Analysis TODAY!
ASK US ABOUT LASER THERAPY
MICRON LABORATORIES
Since 1985
BBB A+ Rating
www.micronlabs.com
VANCOUVER
604-444-GROW(4769)
1-877-784-HAIR (4247)
#228-973 W. Broadway
(Broadway & Oak)
micronvancouver@shaw.ca
KAMLOOPS • KELOWNA • TORONTO • VICTORIA • VANCOUVER

FINAL CURTAIN CALL ANOTHER BLOW TO CULTURE

JUST SAYIN'
Paul Sullivan
metronews.ca/justsaying

Every year, someone, somewhere, ranks Vancouver as the best city in the world.

And every time that happens, a journalist in New York or London spontaneously combusts because their idea of a world-class city does not include Vancouver.

They're not all as snotty as Sascha Segan, who, in "Don't Go There: My Top 10 Overrated Travel Experiences" for Frommer's, the travel guide, wrote this about Vancouver:

"'Blandcouver' looks great on TV, where it often masquerades as other, more interesting cities. This Canadian metropolis is indeed like many other places, just duller."

With the news that the Playhouse Theatre Company is closing its doors, leaving this city with only one major theatre company — the Arts Club — S.S. is probably sitting in a café in some interesting city like New York or San Francisco, cackling mercilessly.

Blandcouver just got blander. A vibrant theatre district is the hallmark of a real great city: There are 42 theatres in London's West End alone. You can count the number of Vancouver venues on one hand, not including amateurs and other "let's put on a show" enthusiasts.

If you're the sort who thinks live theatre consists of two goons on skates circling each other looking for a place to land a punch, this column is not for you. You can go back to pounding sand, or whatever it is you do for fun. For anyone else who has ever experienced the pure magic of live theatre, the loss of the Playhouse Company, which gave its final performance Saturday night, is a crushing blow.

You can be forgiven for wondering why the government spent more than half a billion dollars on a roof for the "iconic" BC Place, and let the Playhouse, faced with a million-dollar deficit, fold its tent. We live in a place that, if it isn't bland, is certainly waterlogged six months out of the year (and that's a good year). In this environment, indoor entertainment should be considered by policymakers to be an emergency social service.

Magic of live theatre

"For anyone else who has ever experienced the pure magic of live theatre, the loss of the Playhouse Company, which gave its final performance Saturday night, is a crushing blow."

I can understand the general reluctance to throw taxpayers' money at the problem. But if it's wrong to subsidize the roar of the greasepaint, etc., let's be consistent and stop subsidizing men in jockstraps.

The only sure way to end the remorseless decline of culture in Vancouver is for citizens to do it themselves. Stop waiting for the government to make the right decisions. (When did that ever work?)

Maybe some hockey player will get the, er, puck rolling and donate a couple of paycheques to retire the Playhouse deficit. The way the Canucks are "playing" these days, it's the least they can do.

Doghouse done up Wright

ALISSE GRATEHOUSE/THE ASSOCIATED PRESS; INSET: RICH PEDRONCELLI/THE ASSOCIATED PRESS

Architectural one-off

Master-crafted modest dog digs

Frank Lloyd Wright designed hundreds of landmark buildings during a prolific career that spanned more than seven decades. But in what is widely considered a first and only for the famed architect, Wright indulged a young boy's humble request for a doghouse in 1956 and sent him designs for the structure.

THE ASSOCIATED PRESS

No charge for the plan

"I was probably his youngest and poorest client."
Jim Berger, 68.

Berger poses with his dog, Sir Charles Barkley, holding the letter he received from famed architect Frank Lloyd Wright, whom he had asked to design a doghouse for him. Berger was 12 when he wrote to Wright in 1956 asking him to design a home for his dog, Eddie. Wright indulged the young boy's humble request for a doghouse and sent him designs for the structure.

12-year-old's request

Wright designed Berger's family's home, prompting the boy to write to the architect.

- "I would appreciate it if you would design me a doghouse, which would be easy to build, but would go with our house," read the letter.
- Berger explained that he would pay Wright from the money he made from his paper route.

Triangular design

3x5x3

Berger rebuilt the doghouse last year with his brother, using the original plans. The roughly three-feet-wide-by-five-feet-long-by-three-feet-high doghouse has a sharp triangular shape, with a sloping shingled roof. It is made of Philippine mahogany and weighs about 113 kilograms.

Weird News

Aging gorilla gets a new friend

An elderly gorilla that lives at a U.S. zoo has a new companion: A bunny named Panda.

The Erie Zoo's gorilla, Samantha, has been without a full-time friend since the death of Rudy, a male gorilla, in 2005.

But officials at the zoo in Pennsylvania say the 47-year-old gorilla is too old to be paired with another gorilla. So they decided last month to introduce her to the rabbit.

The Erie Times-News reports that Samantha and Panda get along well.

Samantha will gently scratch under the bunny's chin and share her food.

Officials at the zoo say Samantha has always had a gentle personality.

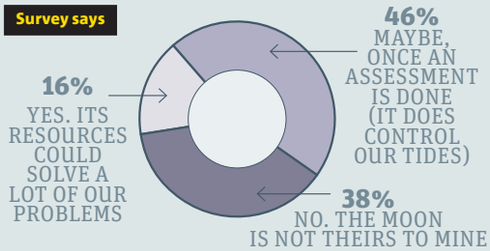
THE ASSOCIATED PRESS

Metropolitan Panel

Register at metropolitanpanel.ca and take the quick poll

Should companies be seeking to mine the moon?

Survey says


46%
MAYBE, ONCE AN ASSESSMENT IS DONE (IT DOES CONTROL OUR TIDES)
16%
YES. ITS RESOURCES COULD SOLVE A LOT OF OUR PROBLEMS
38%
NO. THE MOON IS NOT THEIRS TO MINE

Twitter

@SebastienLeToux: Thanks for all the support at BC Place! It was a great win to start the season - And happy to score my 1st goal in our stadium! #Whitecaps

@Freshly_shaven: Round 2 begins with a win. So much more skill on the pitch this year. Very excited. #Whitecaps

@LiamAnderson4: Welcome to the #whitecaps @SebastienLeToux ! What a goal to start off the season!

@DanielGoertz: After that #whitecaps game this #canucks game is an epic letdown. Pull luongo and put cannon between the pipes.

@Dihart54: Anybody that is a #Canucks fan knows that the #Sedins go through scoring droughts. They also know that they always come out of it. Juststime

metro **President** Bill McDonald • **Vice-President & Group Publisher, Metro Western Canada** Steve Shrout • **Editor-in-Chief** Charlotte Empey • **Deputy Editor** Fernando Carneiro • **Managing Editor, Vancouver** Jeff Hodson • **Managing Editor, News & Business** Amber Shortt • **Managing Editor, Life & Entertainment** Dean Lisk • **Vice-President, Sales** Quin Millar • **National Sales Director** Peter Bartrem • **Sales Manager** Chris Mackie • **Distribution Manager** George Acimovic • **Vice-President, Business Ventures** Tracy Day • **Vice-President, Marketing & Interactive** Jodi Brown • **Vice-President, Finance** Phil Jameson • **METRO VANCOUVER** #250 - 1190 Homer Street Vancouver, BC V6B 2X6 • **Telephone:** 604-602-1002 • **Fax:** 604-648-3222 • **Advertising:** 604-602-1002 • adinfovancouver@metronews.ca • **Distribution:** vancouver_distribution@metronews.ca • **News tips:** vancouver@metronews.ca • **Letters to the Editor:** vancouverletters@metronews.ca

ALTITUDE

METRO VANCOUVER'S NEW PEAK

REGISTER FOR VIP EARLY SELECTION OF OUR 1, 2 + 3 BEDROOM TOWER HOMES ATOP BURNABY MOUNTAIN.

At 1,300 feet above sea level, the towers of Altitude rise higher than any others in Metro Vancouver. Here, on one of the last, best view locations on Burnaby Mountain, residents will enjoy a unique combination of views, high quality interior finishings and the intellectual stimulation of Simon Fraser University, recently rated #1 in Canada by Maclean's magazine for the 9th year.

hungerfordgroup.com | 604.456.8883

FROM THE MID $200,000s | SALES BEGIN MARCH 2012 | REGISTER NOW

HUNGERFORD group | UniverCity ON BURNABY MOUNTAIN

HUNGERFORD PROPERTIES

Prices are subject to change without notice. Renderings are an artist's interpretation only. This is not an offering for sale, any such offering must be made by disclosure statement. E&OE

2
SCENE

Box office

Lorax tops ticket sales

Dr. Seuss' the Lorax has easily beaten Edgar Rice Burroughs' John Carter at the weekend box office. Studio estimates Sunday put The Lorax at No. 1 for the second-straight weekend as the animated adventure based on the children's book took in $39.1 million. John Carter, based on Tarzan creator Burroughs' tales of the interplanetary adventurer, opened in second-place with $30.1 million.

THE ASSOCIATED PRESS

On the Web

Squabbles, secrets and a spoiler: Desperate Housewives firing trial displays it all for jury

Ewan McGregor stars in Salmon Fishing in the Yemen. HANDOUT

Ewan McGregor gets 'hooked' on fly-fishing

Salmon Fishing in the Yemen. Film's star recalls a 'hooking' incident while trying to teach Emily Blunt how to cast a line

NED EHRBAR
Metro World News in Hollywood

Ewan McGregor learned the hard way that when Salmon Fishing in the Yemen co-star Emily Blunt tries her hand at fishing, it can be dangerous — especially to the small and furry.

"I just gave it a go because [McGregor and director Lasse Halstrom] persuaded me I should," Blunt remembers.

"I was perfectly happy sitting by the fireplace in our Scottish lodge. But Ewan insisted, saying, 'Come on!' And he has this lovely little dog, Sid, who's just our friend. I love that dog so much. He was just scampering around behind me and I hooked him. First cast."

McGregor is quick to point out that the dog was uninjured.

"It didn't go through his skin, it just got caught in his fur. He was all right," he says. "It was actually a very nice cast, as well. A very nice cast."

When it comes to his own fishing record, McGregor can't even count accidentally catching a canine, as his fly-fishing excursions have to date netted not a single fish. "But whenever I've gone fishing it's to be quiet and contemplative and to be somewhere beautiful. The actual catching of a fish is something that I'm not really interested in," he insists.

"It's a lovely thing to learn to do. You're trying to catch only fish that feed from the surface, and generally you do it in very beautiful places — Norway, Russia, Scotland — cold-water places. So I think it's very good for the soul."

Quiet time

"Whenever I've gone fishing it's to be quiet and contemplative and to be somewhere beautiful."

Ewan McGregor
Star of Salmon Fishing in the Yemen

Whedon unveils latest work for fans at SXSW

The Cabin in the Woods. Creator of cult fare gets warm welcome at film festival in Austin — won't give away plot

After several years of studio purgatory, Joss Whedon's long-shelved, much-anticipated horror film The Cabin in the Woods finally arrived before audiences at the South By Southwest Film Festival. Nobody complained about the delay.

"It really holds up," deadpanned Whedon after the Friday evening premiere before a rapturous, hooting crowd at Austin's Paramount Theatre. "I would say, timeless classic."

The Cabin in the Woods, which Whedon produced and co-wrote with director Drew Goddard, had been stuck in limbo after its studio, MGM, went bankrupt in 2010. It is being released by Lionsgate, opening on April 13.

The film couldn't have played better as the opener of SXSW, a festival known for its warm receptions to edgy popcorn fare.

The SXSW crowds, currently attending the film festival and its mobbed interactive section, regard Whedon as something of a geek god. The creator of the cult TV series Buffy the Vampire Slayer and Firefly is beloved for his witty genre inventions.

Hundreds of fans packed a Whedon question-and-answer panel Saturday. Talking about The Cabin in the Woods, which co-stars Richard Jenkins and Bradley Whitford, has proved challenging, since any discussion quickly leads to giving away its unpredictable plot.

Whedon granted that "awesome" was an acceptable, spoiler-free description, and few seemed to disagree Friday night. One attendee asked if he had intended to make "the last horror film of all time."

"Yes, that's it for horror," said Whedon.

"Hope you like rom-coms, 'cause that's what you're getting."

THE ASSOCIATED PRESS

Josh Whedon. GETTY IMAGES

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

Money

What is Whitney worth?

THE WORD
Dorothy Robinson
scene@metronews.ca

Although Whitney Houston's daughter Bobbi is set to inherit her mother's entire "fortune," a 2007 legal document uncovered by Radar Online shows that Houston's estate might not be as much as people are assuming.

An income and expense declaration during her divorce proceedings with Bobby Brown states that at the time, Houston had $40,000 in cash, $225,000 in stocks, and earned in excess of $1 million for performances, per the site.

She declared owning two homes: one house in New Jersey, which was worth $6.5 million (with $3.247 million owed on the estate), and a townhouse in Atlanta, which was worth $1.244 million (a reported $1,046,603 was owed on that property).

"Whitney's bottom line was that she had $10,242,931 in various assets, and had debts totalling $4,294,014," states Radar Online.

Two things that might change the bottom line:

1. Any "income declaration" you're going to show your ex-husband who is seeking your hard-earned money is going to hide a ton of cash.

2. Houston's recording contract was not listed as it was "considered separate property due to the prenuptial agreement the former couple had."

However, it's important to remember that Houston was also one of the world's best-selling music artists — having sold over 170 million albums, singles and videos worldwide. In 2001 she signed the biggest record deal in music history with Arista/BMG for $100 million to deliver six new albums, on which she would also earn royalties. Yes, that contract is "separate" from that 2007 document but still, you would think there would be more cash than just $6 million.

Paps can't find Lindsay Lohan

Lindsay Lohan is no longer shacking up at the Chateau Marmont, according to Radar Online.

"Lindsay left the hotel about two-and-a-half weeks ago. It was only temporary, but her new digs could be permanent," a source says.

And where exactly are those new digs? "For the first time in 10 years, the paparazzi don't know where she is living and she is enjoying not being hounded," the source adds. "Great precautions are being made whenever Lindsay comes and goes from her new residence so that she isn't spotted. Of course, that can't last forever, but it's a nice break for her to just relax a bit at home like a normal person."

Twitter

@alecbaldwin
Sugar will shorten your life.

@TheRealRoseanne
my 4 yr old grandson Ari asked why he should vote 4 me? i said, "because it means more cookies 4 U!" Barr2012

@MelanieGriffith
Had the always great pleasure of spending time with Ms. Sharon Stone today! On her birthday!!

@ConanOBrien
I've been practicing for this year's St. Patrick's Day. Every morning, I have my personal trainer punch me in the face.who brought babies to this bar?

BLU-RAY + DVD
+ DIGITAL COPY
HAPPY FEET TWO
IN STORES MARCH 13TH
YOU COULD
WIN A COPY OF
HAPPY FEET TWO ON
BLU-RAY COMBO PACK!
© 2011 Village Roadshow Mumble 2 Productions Pty Ltd.
© 2012 Warner Bros. Entertainment Inc. All rights reserved.
To register and for full contest details visit clubmetro.com
VISIT
clubmetro.com
TO ENTER

WE'RE CELEBRATING YOU! CUSTOMER APPRECIATION MONTH

Receive a FREE treatment when you buy any 2 laser hair removal or Fotofacial RF™ treatments*

At Dermal Laser, there is nothing that makes us more proud than a happy customer. Whether you're a new or long-term customer, join us in celebrating the best part of our business – YOU! **Plus, with every visit, receive a bonus skin care gift bag.**

BONUS GIFT

Come in for a complimentary consultation at any of our two Lower Mainland locations. Call 604.638.SKIN (7546) or visit dermallaser.com

Over 14 years experience | Medical-Grade FotoFacial RF™ | Medical-Grade Peels
Skin Tightening | Physician-directed BOTOX® and Dermal Fillers
Laser Hair Removal | Microdermabrasion | Latisse®

WINNER, EXCELLENCE IN LASER HAIR REMOVAL CATEGORY

Dermal LASER CENTRES

*Offer valid until Mar. 31, 2012. Free treatment must be equal or lesser value than purchased treatments. Does not apply to physician services, physician-directed services or injectables. While quantities last. Offer valid on treatments over $129. Not valid with any other offer.

3 LIFE

Involve the kids

Kitchen helpers

Even young children can participate in meal preparation. Here's how:

- Let them tear foods like lettuce and pull grapes from vines.
- Have them set the oven timer and tell you when it's done.
- Allow them to push buttons on blenders, toasters and microwaves (with supervision).
- Get them to measure and then mix ingredients.

NEWS CANADA/ BREAKFASTFORLEARNING.CA

On the Web

Columnist's earnest review of Olive Garden becomes sensation.

Stay-at-home mom versus working mom

Who's happier? It all depends on who you ask. Our Mommyish writer looks into the schism and wonders what it says about us

If you go by the latest British government study, stay-at-home moms are as content and satisfied with their lives as those who choose to work.

And yet another recent U.S. study, this one by care.com, found that eight out of 10 mothers enjoy being a working parent. In fact, a whopping 64 per cent said that work does not interfere with their ability to be a good parent. (I find this shocking, by the way.)

While the results of both studies are actually quite uplifting, I always take studies like these with a grain of salt.

Why? Because, like any controversial parenting topic out there, you can find whatever it is you're looking for on Google.

For example, I typed "co-sleeping is safe" into Google and got 23,800,000 results. I then typed "co-sleeping is dangerous" and up came 2,650,000 results ("co-sleeping kills" gets 1,570,000).

My point is that you'll find tens of thousands of official "studies" and "expert opinions" on any given topic — and you'll choose to believe whatever it is you were looking for in the first place.

The same applies to the whole working mom vs. stay-at-home mom debate.

It's astounding to me how many studies have been conducted on the subject.

And yet a woman's happiness level is based on so many factors that have nothing to do with research and statistics.

I have friends who stay at home who are very fulfilled. Actually, they're more than fulfilled!

Most of them are busy, sure, but they still have time for daily workouts and social interaction (especially those with school-aged children).

I have an equal number of friends who have gone totally batty not working.

In fact, they've chosen to go back to work for their own sanity even if they didn't need the money. (And, yes, they feel guilty about their decision.)

Of course, it would be nice if we all that choice — most women simply have to work for financial reasons — but that's a whole other topic.

(Let it it be known that I also have friends who work and end up giving 100 per cent of their salary to their nanny.)

The same schism can be seen among the working moms I know (myself included).

We are forever feeling guilty about leaving our kids each day — despite what that care.com study claims — and yet we have even more guilt about not giving 100 per cent to our jobs because we're too busy focusing on our families.

Then there are the work-from-home moms, who have either the best or worst of both worlds — depending on how you look at it.

No matter what the "experts" tell us, only we know what works for our own family.

And most moms I know need to be reminded of that every so often (OK, who are kidding? More like every day). Consider this your daily reminder.

Besides, if happiness could really be defined as stay-at-home mom versus working mother, we'd all have the golden answer. If only things were that simple…

SHAWNA COHEN (MOMMYISH.COM)

UBC HELPING OVERWEIGHT TEENS

UBC researchers are recruiting 11-16 yr olds and their parents to participate in a weight loss study.

What's involved? Learning fun ways to live a healthy lifestyle using our internet program with support from our health counsellors. *Honorarium provided.*

Contact us at **604.875.2000 x 6393** or email **mysteps@cfri.ubc.ca** for more info.

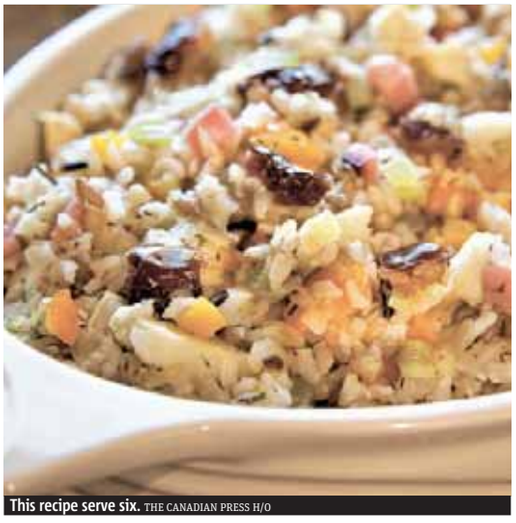
LOOKING TO MAKE A CAREER CHANGE?

Read metro work every Monday & Wednesday.

Wild Rice Casserole: An elegant side dish for winter

This easy, three-step side dish idea is full of delicious dried fruits such as aprricots and dates along with an apple to give you a sweet and tart tasting casserole.

Enjoy it alongside any family favourite roast or other meat dishes like grilled chicken.



This recipe serve six. THE CANADIAN PRESS H/O

1 In saucepan over medium-high heat, melt butter; sauté onion and celery 5 minutes or until soft. Stir in rosemary and thyme; remove from heat.

2 In a large bowl, combine cooked rice with onion mixture and stir in dates, apple, ham, apricots, salt and pepper.

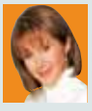
3 Spoon into a buttered 2-l (8-cup) baking dish. Cover and bake in 180 C (350 F) oven for 30 minutes or until hot. BARD VALLEY MEDJOOL DATE GROWERS ASSOCIATION/ THE CANADIAN PRESS/ THIS RECIPE WAS ADAPTED FOR METRO BY EMILY RICHARDS (PROFESSIONAL HOME ECONOMIST, COOKBOOK AUTHOR AND TV CELEBRITY CHEF. FOR MORE VISIT, EMILYRICHARDSCOOK.CA)

Ingredients

- 45 ml (3 tbsp) butter
- 1 onion, chopped
- 2 stalks celery, chopped
- 5 ml (1 tsp) dried rosemary
- 15 ml (1 tbsp) dried thyme
- 1 L (4 cups) cooked wild and long grain rice mixture
- 250 ml (1 cup) Medjool dates, pitted and chopped
- 1 cooking apple, peeled, cored and chopped
- 150 ml (2/3 cup) diced cooked ham
- 125 ml (1/2 cup) diced dried apricots
- 3 ml (3/4 tsp) salt
- 2 ml (1/2 tsp) fresh pepper

Healthy eating

Choose it and lose it



ROSE REISMAN
for more, visit
rosereisman.com

Chips are not the healthiest choice for a snack to begin with. When you factor in that many popular options are deep fried and salty, the calories and sodium values shoot through the roof.

Cheetos (54 chips, 100 g)

600 cals, 40 g fat, 1,040 mg sodium
These cornmeal fried snacks have half your daily calories and sodium in one serving. A long list of ingredients including artificial flavours and colour is a red flag.

Equivalent

Eating 54 Cheetos is equivalent in fat to eating 10 mini messy chicken sandwiches from the kids' menu at Swiss Chalet.

Baked Lay's Chips (52 chips, 100 g)

400 calories, 6 g fat, 460 mg sodium
This is a much healthier snack in terms of fat and sodium with no perservaties. Just watch your portions.

Queen of Green

Green in the business life

QUEEN OF GREEN
Lindsay Coulter
green@metronews.ca

I'm on a conference planning committee. What are some tips to host a "green" conference? Stephanie of Winnipeg, MB

A green conference (or event) incorporates environmental initiatives to minimize its negative impact on the planet. And it addresses everything you'd expect —energy and water consumption, transportation, food and drink, brochures, waste, and more.

Before you dive into planning a low-carbon, carbon-neutral and/or zero-waste conference, you'll need buy-in. Get an organizing committee together with members who are dedicated to making your event as sustainable as possible.

How will you advertise? Paper posters and direct mail are so yesterday. Choose paperless promotional activities like e-newsletters, a button on your website, Facebook and Twitter. Check out e-services like Eventbrite — they take care of invites and tickets (with instant RSVP option).

As for conference materials like session descriptions, presenter bios and handouts, post all conference materials online (and make it phone friendly). Let attendees know in advance that it's a paperless conference.

To tackle carbon emissions, consider purchasing gold standard carbon offsets or have your event Bullfrog Powered. Bullfrog Power is Canada's leading 100 per cent green electricity provider. They'll ensure that as much clean, emissions-free electricity is injected into the regional grids as the event uses.

KYO
Korean BBQ · Sushi House
BEST KOREAN BBQ & SUSHI IN TOWN
Come try our new Fusion Menu
For a limited time only. Only Available Monday to Thursday.
2993 Granville St (at 14th Ave) • 604.739.8868
Monday - Sunday • 11am-3pm / 5pm-11pm

RBC Royal Bank

Lower debt. Increase happiness.

Save over $700* by consolidating your higher interest debts.

RBC Royal Bank® has new online tools and resources to help you develop a concrete plan to lower debt and save money.

- Create your own customized **Debt Reduction Plan**
- Explore ways to simplify payments with our **Debt Consolidation Calculator**

Get started today at rbc.com/smile

Or scan here using your mobile device to learn more.

Advice you can bank on™

*Based on $12,200 fixed rate loan at 8% per annum with a 26 month amortization. Savings example is calculated by consolidating credit card balances of $3200 @ 19% per annum with monthly payment of $150/month, and $1000 @ 25% per annum with monthly payment of $100 and loan of $8000 with 3 year term @ 9% per annum with monthly payment of $265/month. The interest rate is subject to change at any time without notice. The rate is used for illustrative purposes. Personal Lending products and residential mortgages are offered by Royal Bank of Canada and are subject to its standard lending criteria. ®/™ Trademark(s) of Royal Bank of Canada. RBC and Royal Bank are registered trademarks of Royal Bank of Canada.

‘I couldn’t really ask for anything else’

Raise your glass. Entrepreneur Manjit Minhas has brewed a $120 million business

TURNING POINT
Teresa Kruze
life@metronews.ca

Manjit Minhas’ lemonade stand in Calgary had a revolving sign.

The 10-year-old entrepreneur, along with her brother Ravinder, would charge the kids in their neighbourhood 25 cents for a cup of the cold beverage.

When an adult would approach, their sign switched to 50 cents.

“My mom wasn’t impressed,” Manjit laughs, “but we thought we were really smart.”

By the time they got to University, Manjit and her brother had created an in-house brand of spirits for their parent’s liquor store chain, and then got into the beer business by creating Mountain Crest Lager.

Their “Buck a Beer” marketing campaign caught fire and the profits started to roll in.

In 2006 they bought one of the oldest breweries in the U.S., and became the youngest brewery owners in the World.

Manjit Minhas, CEO of Minhas Creek Craft Brewing Co. PROVIDED

Five years later, their companies posted revenues in excess of $120 million.

“I’m 31 years old, I couldn’t really ask for anything else. I have a healthy family, friends and business.

We’ve been at this a decade and there have been failures along the way but they are good learning points,” says Manjit.

Now, that’s turning the lemons of business into brewery gold.

That’s the spirit!

Advice from an entrepreneur

- **Believe in your product.** Have passion for what you do.
- **Set your goals.** They will provide a vision for yourself and the company.
- **Keep a tight pocket in the beginning.** Expenses can go out of control and make or break you. It’s important to keep a close eye on overhead.
- **There is no substitute for hard work.** Success is not built overnight, it takes lots of hard work and perseverance.
- **Your product or service should be flexible.** It’s remarkable how a little bit of tweaking in product or service can make a difference in the tough times.

Reaping the rewards

Majit Minhas’ wall of fame

- Top 100 Women Entrepreneurs in Canada
- Top Growth Entrepreneur award, Profit magazine
- Canada’s Women Executive Network Top 100 Women Entrepreneurs
- Chatelaine Magazine’s Top Entrepreneur Woman of the Year 2011

Skills Connect For Immigrants Program
WANT A JOB THAT USES YOUR SKILLS AND EXPERIENCE?
We Can Help Put Your Skills To Work!
Call Us To Find Out More About:
Language Development, Training, Job Search and Connecting to Employers!
www.training-innovations.com/skillsconnect
Training Innovations 604.298.4720, ext. 278
Canada WelcomeBC

Start each day with a sense of purpose.
End each day safely with a sense of accomplishment.

That’s the kind of outlook we are striving to achieve for our employees at Spectra Energy. We value diversity and inclusion, openness and teamwork. Ours is a high-performance culture where you’re encouraged to stretch your capabilities and exercise creativity in effecting change and shaping the future.

Spectra Energy is one of North America’s premier natural gas midstream companies with critical energy infrastructure connecting natural gas sources to markets and customers. Our approach extends beyond our offices and facilities into our neighbourhoods, towns and cities—through community and economic development partnerships, we cultivate talent and grow leadership.

Document Controller

Support our projects with top-notch document management—Vancouver, BC

You’ll be an important support to both internal and external clients as they navigate the document control standards and procedures required to complete their projects within contractual agreements. In particular, you’ll use the Electronic Document Management (EDM) System to manage the entire life cycle of our technical drawing files.

You have a technical institute diploma and ideally 2 years’ experience with an EDM system in an engineering environment, as well as with large format printers and scanners in a WAN/LAN environment, preparing and issuing Engineering Project Packages and working with AutoCAD and other CAD software. Four years’ computer experience in a LAN/WAN environment would also be an asset.

For further information on this position and to apply online by March 26, 2012, please visit the Careers section of our website.

We thank you for your interest. Please note that only those shortlisted will be contacted.

Spectra Energy is committed to diversity in our workplace and equal access to opportunities. All candidates will be given fair consideration based on individual merit.

Spectra Energy
spectraenergy.com

HIT THE SLOPES TONIGHT AND SAVE!

Metro and Cypress Mountain invite you to ski or board tonight and save 25% off of your lift ticket. Simply cut out this ad and bring it to the Alpine area at Cypress Mountain anytime after 2 p.m. today!

Sign-up and you could win Cypress Mountain lift tickets at www.clubmetro.com

club metro

Your ticket to the mountain!
Exchange this voucher on the mountain at the Alpine Ticket Office.
Valid after 2 p.m. to close TODAY ONLY – MARCH 12

cypress mountain .com

Limited one per customer. Not valid with any other offer.
Must have original coupon.
Not valid with any lesson package.

sp: metro ski Photo provided by Cypress Mountain

Ontario skip Glenn Howard stretches behind Alberta skip Kevin Koe on Sunday. JONATHAN HAYWARD/THE CANADIAN PRESS

Ontario wins the Brier

Curling. Howard defeats Koe for the fourth Canadian title of his career

Glenn Howard didn't let the Brier Tankard slip through his fingers this time.

Often a finalist at the Canadian men's curling championship, Howard was building a reputation for losing championship games. He put that behind him as he led Ontario to a 7-6 win over Alberta's Kevin Koe in the final of the Tim Hortons Brier on Sunday.

Howard, third Wayne Middaugh, second Brent Laing and Craig Savill will represent Canada at the world men's championship March 31 to April 8 in Basel, Switzerland.

It was the sixth Brier final in seven years for Howard and his front end of Laing and Savill, but just their second victory. They won the Canadian title in 2007.

"Little bit of a monkey off our back, I think." Howard said. "I'm proud of the guys. They didn't miss anything. They brought it tonight."

Howard, 49, also won two Briers playing third for brother Russ in 1987 and 1993. They reached the Canadian final five times.

Middaugh, who skipped Ontario to Canadian and world titles in 1998, joined the Coldwater Curling Club team at third prior to this season after Richard Hart retired. Middaugh was given the Hec Gervais award that goes to the most valuable player in the playoffs.

Howard, Alberta's Kevin Martin and Manitoba's Jeff Stoughton are Canada's heavyweights in men's curling. The odds are one of those three will represent Canada at the 2014 Winter Olympics.

But four losses in five Brier finals from 2006 to 2011, plus falling to Martin in the final of the 2009 Olympic trials, raised questions about Howard's ability to finish the job.

He proved he could finish in Saskatoon. Ontario played five extra-end games in the round robin and Savill was ill with a stomach ailment, yet they topped the preliminary round at 10-1. Howard then dominated Manitoba's Rob Fowler 9-3 in the playoff game between the top two seeds.

Ontario completely controlled the first seven ends of the final, making no errors and pouncing on Alberta mistakes to lead 4-2 after five ends and 6-2 after six. THE CANADIAN PRESS

Bronze for Fowler

Manitoba's Rob Fowler won the bronze medal at the Canadian men's curling championship with an 8-7 win in an extra end over Jamie Koe of Yukon and Northwest Territories.

- Fowler skipped Manitoba at the event for the first time in his career.
- He had finished the round-robin as the second seed but lost two straight playoff matches to settle for a spot in the third-place game.

NBA. Raptors let 13-point lead slip away against visiting Bucks

Ersan Ilyasova's 31 points and 12 rebounds led the visiting Milwaukee Bucks to a 105-99 win over the Toronto Raptors on Sunday.

Drew Gooden chipped in with 21 points for the Bucks (17-24) while Mike Dunleavy came off the bench to contribute 19 points, including a key three-pointer in the fourth quarter that helped his team pull ahead for good.

DeMar DeRozan led the way for the Raptors with 21 points while Jerryd Bayless had 16 points and six rebounds in a starting role for injured point guard Jose Calderon.

Toronto (13-28) has lost four of its last six games.

Leandro Barbosa made a big contribution off the bench for Toronto in the first half. The Brazilian scored 10 points in the first half but only picked up two in the second.

Raptors coach Dwane Casey wasn't pleased with the opening his team gave him in Saturday's 105-86 loss to the Pistons in Detroit, but the Raptors got a much better opening Sunday by hitting their first six shots from the field.

The Raptors held a nine-point lead after the first quarter and a five-point lead at the half. Their lead was down to a single point after the third quarter before the Bucks pulled away in the fourth.

Toronto's lead got as high as 13 points in the second quarter.

It was a much different start to the second half as Toronto only hit five shots from the field and saw the Bucks chip away until tying the game with just over four minutes remaining in the third.

The Raptors also turned the ball over six times in the third quarter as the Bucks took their first lead of the game with just over two minutes remaining in the quarter after a pair of Ilyasova free throws to make it 75-74.

Raptors centre Andrea Bargnani battles with the Bucks' Ersan Ilyasova.
RICK MADONIK/TORSTAR NEWS SERVICE

Barbosa hit a three in the final minute to give the Raptors a one-point lead heading into the final quarter at 79-78.

The teams went back and forth in the final frame with seven lead changes in the first nine minutes of the fourth.

Beno Udrih gave the Bucks a four-point lead after hitting a pair of free throws. The Raptors were only able to get as close as two points as their shooting went cold down the stretch. THE CANADIAN PRESS

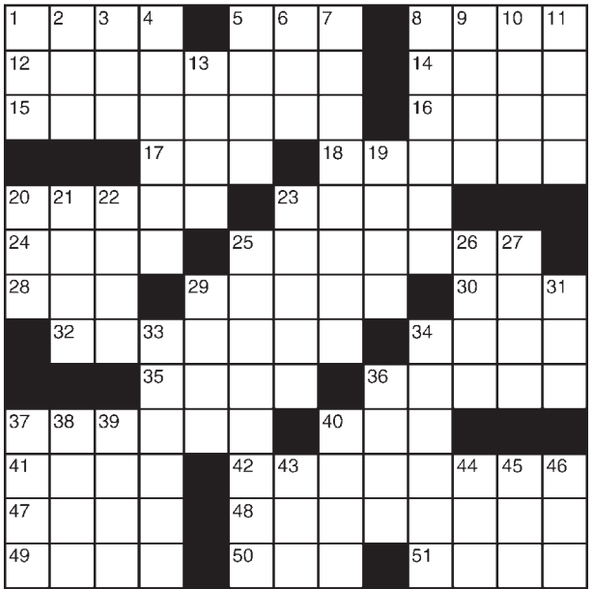
In brief

Nesbitt clinches Grand World Cup

Canada's Christine Nesbitt won the 1,000 metres at the speedskating finals Sunday to take her second overall title in two days and clinch the women's Grand World Cup. Nesbitt, from London, Ont., who won the 1,500 World Cup title on Saturday, claimed the last 1,000 race of the season in one minute 15.04 seconds, with Heather Richardson of the United States second, 0.73 seconds behind.
THE CANADIAN PRESS

NEED MONEY?
✓No credit checks
✓Fast approvals
Call 1 888 499-5629
And get cash now!!
www.mynextpay.com

Crossword



Across

1 — and aahs
5 Stir-frying vessel
8 Gets older
12 Opening night
14 Cat of "Iron Chef"
15 Priesthood school
16 Barrel
17 Actor Chaney
18 Slim and trim
20 Extraterrestrial
23 Put your foot down?
24 Infant
25 Cabal member
28 High card
29 Sacha Baron Cohen portrayal
30 Haul
32 Emulate Ponce de Leon
34 Car
35 Freeway access
36 "The — Is Right"
37 Horseradish kin
40 That woman
41 Partner
42 Florida State athlete
47 Libertine
48 Makes like
49 Act
50 Used a shovel
51 Halt

Down

1 Photo — (PR events) 2 Raw rock
3 Height of fashion?
4 John le Carré hero
5 Remove gradually
6 Hockey legend Bobby
7 Pennsylvania, the — State
8 Take
9 Soccer score
10 Formerly, formerly
11 Rice wine
13 Part of the loop
19 White House turndown
20 Lawyers' org.
21 "Arsenic and Old —"
22 Mountain goat
23 Drink noisily
25 Made a vow
26 Needle case
27 Campus mil. grp.
29 Spill the beans
31 Trouble
33 Beseeched
34 Sports venues
36 Collins or Donahue
37 Prison division
38 Lotion additive
39 Pivot
40 Too confident
43 Ostrich's kin
44 Mel of Coopers-town
45 Virgo neighbor
46 Kreskin's claim

For today's crossword answers and for expanded horoscopes, go to metronews.ca

Friday's answer

E	A	R		L	A	D	E		M	E	M	O
B	I	O		A	L	O	E		A	V	O	W
B	L	O	W	B	A	C	K		N	I	L	E
		F	E	E	S			O	I	L	E	D
M	O	R	A	L		M	E	T	A			
I	V	A	N		M	I	M	I	C	K	E	D
D	E	C		B	O	N	U	S		N	A	Y
I	N	K	B	L	O	T	S		D	A	R	N
			L	A	D	Y		M	A	P	L	E
M	Y	N	A	H			S	U	M	S		
Y	O	U	R		W	O	L	F	P	A	C	K
T	Y	K	E		E	D	I	T		C	O	O
H	O	E	S		D	E	M	I		K	E	N

Sudoku

3						1	5	
7				4	8		2	
	9							
			7		4	5		
	2	9	5		1	7	3	
		3	6		9			
							8	
	6		2	5				1
	5	1						4

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Friday's answer

1	3	4	5	7	9	8	6	2
9	7	2	6	8	1	3	5	4
8	5	6	4	2	3	1	9	7
3	2	1	7	5	6	9	4	8
4	9	7	2	3	8	6	1	5
6	8	5	9	1	4	2	7	3
5	6	3	8	9	7	4	2	1
2	1	9	3	4	5	7	8	6
7	4	8	1	6	2	5	3	9

Send a kiss

- **J.J SweetHeart.** Sometimes I lay in bed late at night thinking about you, the time we spent together, what we shared with each other on Valentine's day, what we will soon share and experience over the summer. I am looking forward to getting to know you more. I care about you and you are the most important person in my life babe.
From Stoic Soldier

- **Miserable Girl.** You told me you were going back home away from here and it just broke my heart. Because maybe in another time, another place, another world, we would have met earlier and maybe just maybe would you have stayed. But your ticket is bought. Your friends are waiting for you back home. And I'm here hoping for a second chance. I'll miss you.
From Too Nice

- **answer.** What you said to me was totally unfair btw, sorry I'm not like my talpc dark, italian half sister, she got the good side, not me, all we share is past promiscuity...
From Crying

Today 8°/3° Showers 70%
Tuesday 6°/4° Rain 60%
Know what the weather will be 14 days from now.
Check the 14 day trend.
©The Weather Network 2012

Horoscope

Aries | March 21 - April 20. Aim high by all means but don't lose sight of your limits.

Taurus | April 21 - May 21. You may feel rather emotional today and you would be wise not to keep it bottled up inside you.

Gemini | May 22 - June 20. You always have lots of ideas but the idea you have today will trump everything that went before.

Cancer | June 21 - July 22. Dealings with people in authority could be difficult today, so keep your emotions in check and don't take criticism personally.

Leo | July 23 - Aug. 22. Other people may be stunned by how quickly you make up your mind and get things done today but they shouldn't be.

Virgo | Aug. 23 - Sept. 22. You may not have a choice about some of the things you are required to do today but you do have a choice about how you do them.

Libra | Sept. 23 - Oct. 22. You need to let partners and loved ones know how much you care.

Scorpio | Oct. 23 - Nov. 21. This is a hectic time for you and there are still a number of tasks that will need to be finished over the next few days.

Sagittarius | Nov. 22 - Dec. 21. Strive to see the bright side of each and every situation you find yourself in, and if there really isn't a bright side, well, make one up!

Capricorn | Dec. 22 - Jan 20. Some people may snap at you for no particular reason today but don't take their negativity seriously.

Aquarius | Jan. 21 - Feb 18. Today's cosmic set-up suggests that you may be required to change direction suddenly and in a way that is not to your liking.

Pisces | Feb. 19 - March 20. It may be the case that you feel a bit restricted but in the fullness of time you will be glad that you were prevented from moving too far and too fast. SALLY BROMPTON

Caption Contest

"You think my make-up is too much?"
Alishia

JONATHAN HAYWARD/ THE CANADIAN PRESS

Win!

You write it!

Write a funny caption for the image above and send it to play@metronews.ca — the winning caption will be published in Tuesday's Metro.

FLIGHT CENTRE Unbeatable
Las Vegas Air + 3 Nights
from $189* + taxes & fees $51
INCLUDES airfare from Bellingham and accom on the Strip.
1 866 519 5111 | flightcentre.ca
Conditions apply. *Ex: Bellingham. Package price is per person, based on double occupancy for total length of stay. Price is for select departure dates and are accurate and subject to availability at advertising deadline, errors and omissions excepted, and subject to change. Taxes & fees include transportation related fees, GST/HST and fuel supplements and are approximate and subject to change. BC REG: #H02790

Speedflirt
He winks, she winks back
She flirts, He flirts back
Introducing Speedflirt, a flirty new app for meeting singles in your city looking for love or friendship.
Create a profile, browse profiles and find your match!
Download and install the free app for your mobile device - available on the App Store or also available in Android Market.
Available on the Android Market
Available on the App Store

Is Your Life in BALANCE yet ?
604-317-2747
www.santmat.net

Simple changes can bring more meaning to your life.
Create happiness and well being.
Ongoing free programs on the spiritual practice of meditation on Inner Light and Sound.
Every Tuesday 7pm,
535 West 10th Avenue
(back entrance, near City Hall)
at Pacific Reflexology

WagJag.com

DEAL OF THE DAY!

$35 FOR A 60-MINUTE MASSAGE/BODYWORK SESSION AND A 15-MINUTE ACUPRESSURE FACIAL FROM NEW SPIRIT MASSAGE AND BODYWORK (A $100 VALUE)

HIGHLIGHTS

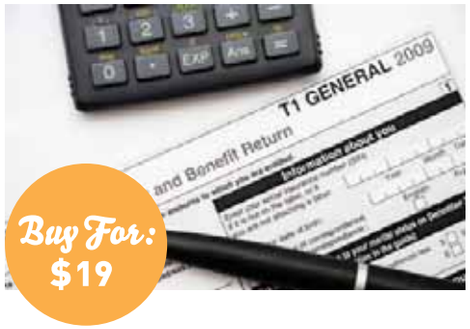
- Open Saturdays and Mondays from 10am-8pm
- Choose from deep flow, Swedish, deep tissue, joint release, shiatsu, aromatherapy or Rylie's signature massage

Regular Price: $100.00

You Save: $65.00

Discount:
65%

CURRENT DEALS



$19 FOR AN INDIVIDUAL TAX RETURN FROM MATRICES ACCOUNTING (A $39.99 VALUE)

HIGHLIGHTS

- Get your maximum return
- Avoid filing errors
- Voucher can also be used for 30% off small business returns

$30 FOR A CALORIE-COUNTING EXERCISE WATCH FROM HERBALIFE (A $60 VALUE) - SHIPPING INCLUDED WITHIN CANADA

HIGHLIGHTS

- Highly accurate watch with alarm, stopwatch, time/day/month, pulse level readings and calorie counter
- Lightweight with a comfort strap

$15 FOR A PAIR OF TOUCH SCREEN GLOVES FROM CASUAL DISTRIBUTING (A $39 VALUE)

HIGHLIGHTS

- Available in black, grey, pink and blue
- Keeps hands warm and still lets you use your touch screen

Visit: WagJag.com

Follow us on: facebook.com/wagjag
@wagjagvancouver

Hurry to WagJag.com to purchase local deals before time runs out.

DOUGLAS COLLEGE

what you love. Be good at it.

Attend our big info sessions Mar. 13 or 15 to learn about our programs

Accounting
Animal Health Technology
Bachelor of Business Administration
Behaviour Intervention (autism specialty)
Child and Youth Care
Classroom and Community Support
Community Rehabilitation (degree)
Community Social Service Work
Computing Science and Information Systems
Co-occurring Disorders
Criminology
Dental Assisting
Disability and Applied Behaviour Analysis
Dispensing Optician
Early Childhood Education
Economics (associate of arts degree)
Forensics (associate of arts degree)
Health Care Support Worker
Health Information Management
Hospitality Management
Legal Studies
Marketing Management
Music
Nursing (degree)
Office Administration
Physical Education and Coaching (degree)
Physical Education Instruction (post-degree diploma)
Psychiatric Nursing (degree & diploma)
Psychology (degree)
Sport Science
Stagecraft and Event Technology
TESL
Therapeutic Recreation (degree & diploma)
Theatre
University Transfer (arts, business, science)
Youth Justice

Visit douglascollege.ca/info for dates, times, locations and other info sessions.